

**Meals on Wheels, Inc.**  
**OF THE GREATER LYNCHBURG AREA**  
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*Providing healthy meals, friendly smiles, and warm reassurance to the local homebound community since 1974.*

**Persian Rugs & More,**

a local Lynchburg fine rug store that also provides cleaning and repair services, has offered to support Meals on Wheels by providing a 10% donation on all purchases and 5% donation on cleaning and repair services when you mention Meals on Wheels at the beginning of the transaction. They are located in the Boonsboro Shopping Center or call 434/384 3123 for more information.

- We received \$2,000 from Wells Fargo Advisors recently. It is due in large part to the support of Bruce F. Light, Senior Vice President/ Investments and the Branch Manager at Wells Fargo Advisors right here in Lynchburg. Thank you so much to Bruce and Wells Fargo Advisors!
- MOW is proud to announce it was awarded a \$2,000 grant from Meals on Wheels Association of America for our participation in Subaru and MOWAA's "Share the Love Event." Locally, we worked with Terry VW/ Subaru during the holiday season.



**Choice Bites:**

- **Friend us on Facebook and learn up-to-date information about what is happening at Meals on Wheels.**
- **This newsletter is totally produced in-house at MOW. If you would be interested in helping fold or assisting in the office, please call to volunteer. We can use volunteers in many ways.**
- **Beyond These Hills and the gift shop at Bentley Commons is now selling Meals on Wheels notecards. 100% of the proceeds benefit Meals on Wheels.**
- **In 2011, MOW**
  - delivered 79,729 meals,
  - 5,725 units of Ensure were provided, and
  - 35 pets received supplemental food.



Meals on Wheels  
 of the Greater Lynchburg Area  
 Spring 2012

# Tidbits

## Volunteer Profile: Anne McDaniel

Coordinating two routes for First Presbyterian Church, driving for Court Street United Methodist Church and again every other month with her husband, Bobby, on route 18, Anne is the first to admit that "Meals on Wheels is what I spend more time doing than anything else."

Coordinating the routes at church keeps her in touch with all the drivers.

Interestingly, she has found the retired members of the medical community to be some of her most faithful drivers "because they know how important it is."

Anne served on the Meals on Wheels Board of Directors from 2000-2006 and remembers all the activities during her six years: the BBQ Festival, Gospel Fest, Big Wheels Day, Friday Cheers, Historic Church



Tour and Smith Mountain Lake Tour, as well as folding newsletters. "We were worked hard, but I always knew how vital Meals on Wheels is in this community. It was a pleasure to be involved."

## Client Profile: Annie Reeves

Annie just turned 77 years old and has been receiving Meals on Wheels since 1996.

"I love the food Meals on Wheels brings. Thank you for helping me. I am

all by myself and it is hard to cook. Meals on Wheels helps a lot."

While Annie is homebound, music still plays a part in her life. She used to sing at Wingfield

Baptist Church and still plays tambourine when she can.



### Take a Look at our Website

I hope you will take a moment to look at our website, mealsonwheelslynchburg.org. In order to save paper and money, we list all of our donors and tribute giving there. We are incredibly blessed with all the support and want to thank everyone for their contributions.

On the website you can also find information on our golf tournament, ways to get involved (beyond driving) and more information about Meals on Wheels. Take a moment and check us out!

*Kris*  
Kris Shabestar, Executive Director



Thanks to all the congregations who participated with Meals on Wheels in the Souper Bowl of Caring. On February 8, the day of the Super Bowl, congregations collected \$1 from each member to show what a difference even a

dollar can make, others had soup lunches, youth group activities or a variety of other programs to support Meals on Wheels.

We want to thank the 34 churches that participated and raised approximately \$7,500 for Meals on Wheels. The contributing churches are listed on our website.

### A Million Dollars to be Given Away

Meals on Wheels is going to participate in the Alan Feinstein Challenge Grant this year for the first time. Any donations or pledges given during the months of March and April are counted. Please note that they also accept pledges so people who give throughout the year or at the end of the year can make a pledge now and it will count toward the total. One million dollars will be divided proportionally between all participating agencies. The more we raise, the more we get! It is a wonderful program that is working to fight hunger in America. Please help us out. For more information you can visit feinsteinfoundation.org or call our office at 847-0796.

### Big Wheels Delivering During March for Meals

Area "Big Wheels" will be delivering food on many of the routes established by Meals on Wheels on March 28. Local dignitaries include: Mayor Joan Foster, Delegate Scott Garrett, Fire Chief Brad Ferguson, School Superintendent Dr. Larry Massie, Chief of Police Park Snead, and Marie Martin of the United Way, among others.

We are very grateful that so many people in the Lynchburg community understand the incredible needs of the people served by MOW and are willing to donate their time and energy to this great event. This is our fifth year and it is a day that everyone looks forward to.



## Meals on Wheels 5th Annual Charity Golf Tournament at Boonsboro Country Club Tuesday, May 8, 2012

*Lunch at Noon - Tee off 1:00 p.m.  
There are still team spaces available, but this is always a sell-out.  
Call and reserve your spot today!*



### Our Annual Coordinator's Tea was a Big Success!

Meals on Wheels relies heavily on our coordinators. Many coordinate for their churches, others take routes and keep track of dozens of volunteers. All are vital to the success of Meals on Wheels. So each year we bring together our coordinators to enjoy a buffet provided by our board, and give them an opportunity to share ideas.

*Thanks to everyone who works so hard to make MOW run smoothly.*

